

WING

Tips

MARCH 2016



Wing Airmen on a Vector for Success

By Col. Thomas P. Coppinger, Commander, 108th Operations Group

Over the past four months, the 108th Wing has been intensively preparing for our upcoming April inspection. The energy and work our Airmen have invested into this effort are truly amazing. This past week, those efforts culminated in a successful three-day exercise. As I watched the exercise unfold, I was struck by how far we've come. The knowledge, skills and overall confidence of our people have all dramatically increased. Below are just a few of the areas where we have excelled.

First up: the generation. Generating sorties to alert status is a complicated process that touches almost every organization in the Wing. For two months, Maintenance has generated every available aircraft. Operations and Maintenance are working together closely to coordinate their efforts and optimize the entire process. Supply, services and transportation are all clicking; providing the support needed on time. I was riding with a crew to the flight line on Tuesday and when we were stopped at the Entry Control Point. Security Forces on the ramp are very sharp. Their attention to detail in admitting us to the flight line, showed a depth of understanding and confidence in procedures that we just didn't have six months ago.

Next: employment. The 108th is simply the most proficient KC-135 unit out there, in my opinion, period! No one does this mission faster or better than we are doing it right now. As a lieutenant, I served in Strategic Air Command and sat hard alert. I can say with all honesty, the 108th is more proficient now than the 379th Bomber Wing was in 1991. The KC-135 mission is vastly more complex than it was 25 years ago; yet we are better today. The speed of the crews as they respond is amazing. The confidence that they know exactly what they are going to do under every circumstance is tangible. Why? Because the Airmen have been training very hard to be mission ready. Every week, aircrew and maintain-

ers head out to the ramp and spend six hours practicing. The Wing plans office is responsible for aircrew training and organizes these weekly training events. The crews respond to the aircraft multiple times. They practice procedures for equipment failure. They execute repeated reps to optimize duties between the pilots, boom operator and crew chiefs. Command Post controllers relay messages while running their own checklists to ensure proper command and control of our mission. Maintenance measures exactly how long it takes to perform each inspection and repair so they can provide that information to the Wing commander when seconds count. When I see crew chiefs running from one engine to the next during a post-flight check, I know we are getting this right.

Last, but perhaps most importantly, the Wing Inspection Team and Inspector General shop have really come into their own. Under the new Air Force Inspection System, the Wing is responsible for assessing its own capabilities through programs such as MICT, IGEMS and Wing exercises. As higher headquarters are reducing their inspection role, it is critical that our own IG and

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IF IT'S INTERESTING, WE'RE INTERESTED. CALL PA AT 754-4173

On the cover

This year Women's History Month coincides with Chief Master Sgt. Janeen M. Fillari being chosen as the New Jersey Air National Guard's new state command chief master sergeant. She is the first woman to hold this position in New Jersey. (U.S. Air National Guard photo illustration by Tech. Sgt. Matt Hecht/Released)



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Beyond hangovers: Alcohol and your health

By Jill Barrett, Director of Psychological Health, 108th Wing

A couple of beers is often the choice for a group of colleagues looking to relax after a hard day's work. James Bond depends on his famous martini – shaken, not stirred – to unwind after confounding a villain. Weddings kick off with a champagne toast.

Alcohol is part of our culture. It helps us celebrate and socialize and reward ourselves for a job well done. However, drinking too much, on a single occasion or over time, can have serious consequences on our health and quality of life.

To stay healthy, and to decide what role alcohol should play in our life, we need accurate up-to-date information, and not myths and internet hearsay. The National Institute on Alcohol Abuse and Alcoholism provides detailed guidance based on the latest research regarding alcohol's effects on our brain and body. On its website Rethinking Drinking - rethinkingdrinking.niaaa.nih.gov - the NIAAA offers verified interactive data to help us check our drinking patterns, learn how alcohol effects our health, see signs of a problem, and get tools to make a change if needed.

One of the important questions that Rethinking Drinking addresses is How much is too much? Do you think you may drink too much at times? Do you think "everyone" drinks a lot? The following results are from a nationwide survey of 43,000 adults by the National Institutes of Health on alcohol use and its consequences.

Our risk level for alcohol is determined by how much we drink combined with how often we drink. The following graphic illustrates low-risk drinking limits.

"Low risk" is not "no risk." Even within these limits, drinkers can have problems if they drink too quickly, have health problems, or are older. Based on your health and how alcohol affects you, you may need to drink less or not at all. For healthy adults in general, drinking more than the single-day or the weekly amounts shown above is considered "at-risk" or "heavy" drinking.

Not all drinking is harmful. You may have heard that regular light to moderate drinking (from half drink a day up to one drink a day for women and two for men) can even be good for the heart. With at-risk or heavy drinking, however, any potential benefits are outweighed by greater risks.

If you find yourself in the "at-risk" or "heavy" category, you could benefit from learning more from the Rethinking Drinking website. If you have ever wondered if your level of drinking is abusive, see if you recognize any of these symptoms in yourself.

Low-risk drinking limits		MEN	WOMEN
	On any single DAY	No more than 4  drinks on any day	No more than 3  drinks on any day
	Per WEEK	No more than 14  drinks per week	No more than 7  drinks per week

****AND****

To stay low risk, keep within BOTH the single-day AND weekly limits.

In the past year, have you:

- Had times when you ended up drinking more, or longer, than you intended?
- More than once wanted to cut down or stop drinking, or tried to, but couldn't?
- More than once gotten into situations while or after drinking that increased your chances of getting hurt (such as driving, swimming, using machinery, walking in a dangerous area, or having unsafe sex)?
- Had to drink much more than you once did to get the effect you want? Or found that your usual number of drinks had much less effect than before?
- Continued to drink even though it was making you

Alcohol use by adults in the United States*

7 in 10 adults always drink at low-risk levels or do not drink at all



3 in 10 adults drink at levels that put them at risk for alcoholism, liver disease, and other problems

*Although the minimum legal drinking age in the U.S. is 21, this survey included people aged 18 or older.

feel depressed or anxious or adding to another health problem? Or after having had a memory blackout?

- Spent a lot of time drinking? Or being sick or getting over other aftereffects?
- Continued to drink even though it was causing trouble with your family or friends?
- Found that drinking—or being sick from drinking—often interfered with taking care of your home or family? Or caused job troubles? Or school problems?
- Given up or cut back on activities that were important or interesting to you, or gave you pleasure, in order to drink?
- More than once gotten arrested, been held at a police station, or had other legal problems because of your drinking?
- Found that when the effects of alcohol were wearing off, you had withdrawal symptoms, such as trouble sleeping, shakiness, restlessness, nausea, sweating, a racing heart, or a seizure? Or sensed things that were not there?

If you don't have these symptoms, then staying within the low-risk drinking limits will reduce your chances of having problems in the future.

If you do have any symptoms, then alcohol may already be a cause for concern. The more symptoms you have, the more urgent the need for change. Visit the Rethinking Drinking website, contact your Psychological Health Program at 754-2159 or speak with your health-care provider for assistance.



Fillari Chosen as New Jersey Air Guard Top NCO

*Story and photo by Master Sgt. Mark C. Olsen,
108th Wing Public Affairs*

This year, and appropriately enough during Women’s History Month, a woman was chosen to serve as the state command chief master sergeant – the highest ranking enlisted position in the New Jersey Air National Guard.

“Anybody can do it,” said State Command Chief Master Sgt. Janeen M. Fillari. “It takes time; you have to start early in your career; putting the hard work in.”

Fillari, a former member of the 108th Wing, succeeds State Command Chief Master Sgt. Vincent Morton, also a former 108th member. She is also the first woman to serve as New Jersey’s state command chief.

“My vision is I want to make sure the enlisted have every opportunity to progress in their careers and to make sure that they are well informed of what’s going on, any issues and any opportunities. I want to make sure they are happy.”

To Fillari, it’s about showing people respect for what they do.

“If you are nice and you say ‘thank you,’ thank you goes a long, long way with people. Always tell them you appreciate them. I don’t take them for granted.”

That means going out and meeting people.

“I’m going to be getting out to the units, I don’t want to do this job from in here (she gestures around her office); I want to be out and about,” said Fillari. “I expect to start visiting the units

as soon as possible, to make sure people know who I am.”

“I want to hear what people have to say. I want the E-1s, 2s, 3s, 4s and 5s to know that we work for them.”

For Fillari, the key to all this are the chief master sergeants at the 108th Wing and 177th Fighter Wing.

“We all have to work together,” said Fillari. “I don’t want to solve all the problems; they have to solve the problems. I want them to critically think about what the issues are and be proactive.”

For Fillari, everyone is involved in the process from identifying problems to finding solutions.

“What I would like to start doing is have town hall meetings. I want to know if there is something broken; then get ideas, suggestions; if we can do things differently, smarter.”

Fillari pinpointed one aspect of her life that prepared her for each successive role she has served during her military career – education.

Her education credentials underscores that point: a paralegal certificate from St. Mary’s College of California; an associates in Applied Science Paralegal Studies, Camden County College, N.J.; another associates in Paralegal Studies from the Community College of the Air Force, a Bachelor of Science in Human Services in Legal Studies from Thomas Edison State College, N.J. and a Master of Arts in Liberal Studies also from Thomas Edison State College.

“One thing I do want to do is host a contemporary base issues course,” said Fillari. “It’s a great course and it applies to everybody.”

The course, which is taught by the Air National Guard Judge Advocate Generals, brings commanders and supervisors together as a team to identify, analyze and resolve contemporary problems leaders face. The course covers a variety of topics including standards on- and off-duty, progressive discipline and administrative discharges, unprofessional relationships and ethics in the military.

Fillari joined the Air Force in July 1989 as a services specialist and cross-trained into the paralegal career field in 1994, where she stayed until November 1998 when she transferred to the Reserves where she served as paralegal from 1998 to 2005.

In 2005, Fillari joined the 108th Wing, New Jersey Air National Guard as the law office superintendent.

And there it might have ended and Fillari would not have been standing in the state command chief’s office had it not been for one person.

Fillari credits retired Chief Master Sgt. Maryalice Rebis with where she is today.

“She had always been a role model, a mentor; I used her as an example of this is what I am supposed to do, this is how I am supposed to act.”

At Rebis’ urging, Fillari applied as the Air National Guard Paralegal Liaison, Northeast Region.

“Had it not been for her, I probably would have retired from the 108th and not gotten involved at the national level.”

Instead she applied and was chosen as the Air Combat Command senior paralegal manager for the Air National Guard.

“I’m a critical thinker. You have to be in this job. I like to find out what the issues are; make sure I have all the correct information. And then I like to solve the issues.”

As the senior paralegal manager, Fillari assisted the ANG paralegal career field functional manager in providing guidance to Guard paralegals located at ACC wing legal offices.

“I worked a lot with senior leadership, talking out issues with them, addressing concerns.”

It turned out to be the perfect training ground for the state command chief position.

“It was a crash course for this job,” said Fillari.

This new duty is a big change from her previous position where she worked strictly with paralegals.

“There’s not many of us out there that do this job, so I have deep respect for people that come in, put the uniform on and do what they have to do, work the long hours, put forth their best effort. I want to make sure we’re rewarding our people and that we’re taking care of any issues that are coming up.”

“My motto is ‘Your life is a resume.’ You can choose if you want it to be half a page or if you want two pages filled. The key is never look back and wish you could have done something. Do it.”

Changing Lanes: Letter from State Command Chief

The traffic lanes of life and career progression in a perfect world should run parallel to one another, but with so many variables it proves to be virtually impossible. Last year I retired from my civilian career which I considered to be very challenging and rewarding, further propelled me closer to the completely retired lane I desire to be in. As I prepare to change lanes once again, I would like to take a few moments and express my sincerest gratitude for being able to serve not only the men and women of the New Jersey National Guard but also the United States Military. We are a special group of individuals who are members of the best military force the world has ever seen. I can personally attest to that because I witnessed our military engaged in a complex attack while deployed to Afghanistan. When you wear the cloth of our country; much is expected and much is required. Remember, how you act, what you say and what you put out in social media matters when you are on the number one team.

A few nuggets that helped me in my success. First, always stay engaged; don’t “step up” only when there is a promotion or selfish gain to be had. If you don’t succeed at the first opportunity, keep trying; there may be some other plan for you down the road. Senior leadership positions are not guaranteed, be thankful and appreciative for the opportunities you’ve had thus far and remember you didn’t get there on your own. Traditions that enhance esprit-de-corps, unit moral, and cohesion should not be waivable. When exercised, personal and moral courage will demonstrate who your friends are. Lip service is quickly identified when challenged; don’t over promise or spin things in your favor. Lastly, if you tell someone “no,” explain to them why and show them a way to “yes.”

I’ve had a career fulfilling journey and wish all of you great success in the most rewarding service of all, *Service to your Country*.

VINCENT P. MORTON
Chief, NJANG
State Command Chief



Eason receives top honor guard award

Story by Master Sgt. Mark C. Olsen, 108th Wing Public Affairs

And the recipient of the 87th Air Base Wing Honor Guard Member of the Year for January 2015 to December 2015 award goes to...

Staff Sgt. Brianna M. Eason.

As a traditional Guardsman, Eason is an orderly room clerk with the New Jersey Air National Guard's 108th Wing Maintenance Operations Flight.

But during the week, Eason serves as the Non-Commissioned Officer in Charge of training for the 87th ABW Honor Guard.

The award is all the more impressive because the 87th Honor Guard is the Air Force's busiest honor guard rendering military funeral honors to veterans residing in Connecticut, Massachusetts, New Jersey, New York and Pennsylvania.

"We have been AMCs' (Air Mobility Command's) honor guard of the year for 2011, 2012 and 2013," said Eason.

The honor guard is comprised of approximately 30 Airmen who are rotated on a quarterly basis. This period is referred to as a rotation. Members come from all the Air Force units – active duty, Guard and Reserve – at Joint Base McGuire-Dix-Lakehurst.

This means that during the year there are 120 to 140 members who are eligible to be nominated and go before the awards board.

Eason was the third quarter award winner, so she qualified for the annual board.

"Everyone I went up against were all worthy nominees, so it was humbling," said Eason.

Eason joined the honor guard in January 2012. Once Eason completed her initial training, her rotation was extended and she was offered a position in September 2012 as an instructor to keep up the continuity of training.

"Subject matter experts are what I strive for as a trainer – where everyone understands what their responsibility is and why it is that way," said Eason.

Because of her success as an instructor, her three-year tour has been extended a year.

"My biggest thing is trying to train a replacement," said Eason. "It's basically knowing the manual, having the experience and making sure that during each rotation continuity isn't lost."

That experience covers a lot of ground.

The Honor Guard is divided into five elements, training flight, funeral detail, firing party, colors and other details.

The training flight runs the ten-day basic technical training course for all newly assigned members to the Base Honor Guard.

"As a trainer, the most difficult task is making sure every member feels very comfortable, as everyone learns differently," said Eason. "So I make sure that that when people go out there, they've got plenty of training and they are certified."

That initial training covers presenting colors, flag folding, marching, formations, commands and rifle handling. This is done by repetition creating muscle memory making the movements second nature.

"By the end of training, 99.9 percent of the individuals want to be extended," said Eason. "It reminds people why



(Courtesy Photo)

they joined the Air Force."

The funeral detail literally performs the heavy lift portion of the honor guard. The body bearers carry the casket, which generally weighs between 450 to 600 pounds, to the gravesite while keeping the casket perfectly level and without showing any visible sign of strain.

"We have to have superb military bearing, sharp crisp and motionless, that is part of our charge," said Eason.

Once they reach the grave-site, they continue by holding the flag tight and level while at rigid attention until the service is complete.

The firing party, which is comprised of either a three or seven-person team, performs the firing of three volleys during the funeral service.

The color guard flight presents the colors during Air Force specific events and with other services' honor guards for joint service missions.

"Some events are in front of thousands of people, sometimes on national television," said Eason. "You are representing so

much more than just yourself, your base, your branch; it's the military as a whole."

Other details include POW/MIA table ceremony, retirement ceremonies, dignitary arrivals, parades, and saber and rifle cordons.

"It gives us an opportunity each every time we put that uniform on to let people know what we're about," said Eason.

Funerals though are the biggest part of what the honor guard does.

"We cover 25-30 funerals a week, more than 120 a month, annually about 1,700," said Eason.

And when it comes to funerals, there are no do overs.

"I train hard because this may be the first or the last image they have of the Air Force. We make sure it's done right."

Initially, the toughest part of funeral service for an honor guard member is presenting the flag to the family and reciting the next-of-kin speech.

"A lot of people say I could never do honor guard because I couldn't get through that speech, but you'd be surprised what you can accomplish once you apply yourself and realize it's not about you, it's about what you are doing for this family."

"For me every time I say 'for a loved one's honorable and faithful service' I always remember that this was somebody's father or child, mother, son, daughter, grandchild, or cousin."

"As members of the honor guard, its way bigger than you," said Eason. "There is no other job like it."



Staff Sgt. Brianna M. Eason poses with her Honor Guardsman of the Quarter trophy in front of a KC-135R Stratotanker at Joint Base McGuire-Dix-Lakehurst, N.J., March 14, 2016. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)

Three Airmen chosen as outstanding

Story by Tech. Sgt. Armando Vasquez, 108th Wing Public Affairs



The 108th Wing announced their 2015 Airmen of the Year winners this past January.

Senior Airman Edwin Rodriguez Jr. with the 108th Logistics Readiness Squadron won the Airman of the Year award. Staff Sgt. Paula Daniels with the 108th Force Support Squadron won the Non-Commissioned Officer of the Year award, and last but certainly not least, Master Sgt. Joseph Tabor with the 108th Medical Group won the Senior NCO of the Year award.

Chosen from a pool of other Airmen who had won Airman of the Quarter awards, the three Airmen were selected because of their leadership and performance in their primary Air Force Specialty

Career duties, community involvement and personal achievements.

"These Airmen are the cream of the crop in the 108th," said Col. Andrew P. Keane, the commander for the 108th Wing. "To see these Airmen in uniform, I know that we are all well-served. Our unit and its leadership are proud of you."

The Wing is currently seeking nominations for Outstanding Airmen of the Quarter in the following three categories: Airman, Non-Commissioned Officer and Senior NCO.

If you have an outstanding Airman in your unit, nominate them for the next board. Questions concerning quarterly awards can be directed to Senior Master Sgt. Amanda Marotta.

Good Guardsmen wear clasps

Story by Master Sgt. Carl Clegg, 108th Wing Public Affairs

For those who have spent their entire careers in the Air Force, communicating with members of the other services can be as difficult as ordering a pineapple pizza in Istanbul. The Navy and Marines have a language all their own; at least the Army and Air Force speak a similar language, as it wasn't long ago they wore the same uniform. Another of those similarities is the Good Conduct Medal. For 15 years after the Air Force's founding, Airmen were still awarded the Army Good Conduct Medal until the Air Force version was established in 1963 by then Secretary of the Air Force, Eugene M. Zuckert.

The name 'Good Conduct' is where the similarities end. Aside from the obvious difference in appearance between the Army red and Air Force blue, is the difference in appurtenances. What? Appurtenance is a fancy French word for the attachments you affix to your ribbons such as the oak leaf clusters, stars, and numerals. Rather than oak leaf clusters, the Army uses clasps or, as they are sometimes called, loops or knots to denote subsequent awards.

New Jersey has a Good Conduct Ribbon that is awarded for any period of three years within a period of five years. The regulation, among other criteria, says it "may be awarded to an enlisted member of the NJOM who has demonstrated fidelity through faithful and exact performance of duty." What does that mean exactly? From the regulation:

(1) Attendance at 95 percent of all training assemblies and



annual training periods.

(2) Favorable completion of the physical fitness tests and weight control standards.

(3) Favorable completion of all service schools.

Despite the fact that you are in the Air National Guard, you wear a blue uniform and have never heard of clasps before, you will wear clasps on your NJGCR. So says the god of all awards, not really, just DD200.61 New Jersey's State Awards manual, which you can easily find on the web by Google searching "New Jersey national guard awards." Like many other awards, the first award of the NJGCR is without appurtenances. Here's where it gets tricky. The second award will have two bronze clasps, third award, three clasps, fourth, four and the fifth, five. The sixth through tenth will have silver clasps and the 11th through fifteenth will have gold clasps.

Wear your ribbons with pride; you earned them. In this article you learned to speak a fancy French word and some Army. Next month we'll deal with the wear of state awards depending on your title status.

Suicide Prevention Training

Where: Commander Channel 8

When: Saturday and Sunday
March 19-20 at 1000 and 1400
for both days



Vector for Success

Continued from page 2

WIT are able to pick up the program. Anyone who saw this week's operational readiness exercise and the one we had in September will have noted a marked difference between the two exercises. Compared to September, the exercise we just completed had three times as many aircraft and five times as many crews. The increase in exercise events that the Wing needed to respond to was even more impressive. From a simulated broken aircraft to cyber-attacks on our network, to enemy special forces at the gate, to forcing the evacuation of Command Post and Wing leadership, to loss of all radio communication for the Command Post; the WIT threw everything in the book at us. Their actions were carefully engineered to stress specific areas where we may be vulnerable or unprepared. The WIT's skill in controlling and monitoring the scenarios was a far cry from what we've seen in the past. At every turn the WIT was where they needed to be, making injects to the scenario on time to produce the desired effects, providing the best training for our people and giving objective feedback to the commander on how the Wing performed.

Back in December, the commander stated his intention to train the Wing hard, to place us under so much stress that when the IG shows up in April, we will be ready for anything. Based on this past week, I think we are on a vector to achieve those goals.



STAFF SGT. MICHAEL ESCOTT

Photo by Staff Sgt. Brian Carson, 108th Wing Public Affairs



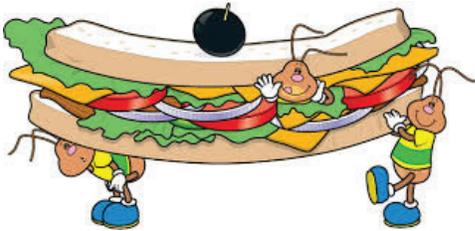
Time in Service: *13 years*
 Job with 108th: *Flight Service Staff*
 Civilian Job: *Police Officer for Essex County*
 Favorite Food: *Sushi*
 Favorite TV Show: *The Wire*
 Favorite Movie: *Scarface*
 Favorite Actor: *Al Pacino*
 Last Book Read: *Lone Survivor*
 Favorite Music Artist: *Jack Johnson*
 Favorite Sport: *Golf*
 Dream Vacation: *Fuji*

Dream Car: *Lamborghini*
 What I do in my Spare-Time: *Spend time with my family and play golf*
 My Hero: *My Father*
 My Goals for the Future: *To make rank within the 108th and retire*
 What I Like About the 108th: *The great people I work with*
 If I Was Commander For a Day: *Have a unit sports day and barbeque*

108th Wing Family Day!

When: Sunday, August 14, 2016
 1200 hrs to 1600 hrs

Where: Doughboy Field, JBMDL



For more information, contact your group

POC:

Wing: Capt Cano-Hewitt / MSgt Clegg

MXG: CMSgt Evans / SMSgt Stromberg /

TSgt Minger / TSgt Lamola

MSG: MSgt ChinQuee / MSgt Sandoval

OPS: SMSgt Giangeruso / MSgt Weaver

MDG: SSgt Castillo / SrA Gray

Palm Sunday Mass



When: Sunday, March 20, 2016

1400 hrs to 1500 hrs

Where: FSS Classroom
 Building 33-24

Father Rella will be Leading
 mass.

Palms will be given out as well.

Keeping the wing ready

Story and photos by Master Sgt. Mark C. Olsen, 108th Wing Public Affairs

Walking into the 108th's warehouse, you can't help but think of the ending of the Raiders of the Lost Ark where Ark of the Covenant disappears into the bowels of the unnamed government storehouse.

I mention this to Staff Sgt. Janette J. Sheppard and Senior Airman Mario Lopez and they laugh. Both Airmen are assigned to the Individual Protective Equipment Section (Mobility), which is part of the Material Management Flight with the 108th Logistics Readiness Squadron.

Instead of the Ark, they are returning M50 joint service general purpose masks to the warehouse after they had been fit tested. The gas masks are just one component of the many items that Mobility is responsible for.

"We stock just over 23,000 mobility items," said Senior Master Sgt. Stephen Di Ambrosio, superintendent, Material Management Flight.

Mobility provides 108th Airmen both training and real world gear - equipment that is sent with an Airman when he or she deploys. For mobility purposes, this includes everything from chemical warfare gear like gas masks to cold weather gear and individual protective equipment, which includes web gear, body armor and helmets, as well as M4 carbines, M16 rifles and M9 pistols.

All that equipment occupies a lot of space, which for the Air Force is both costly and at a premium.

Fortunately today's warehouse are a far cry from the storehouses of years past.

Gone are the rows of shelves that stretch on forever. Gone also are the immense buildings with their large floor space footprint necessary to store all the items that a wing needs.

Instead, they have been replaced with mobile shelving mounted on trackways. The shelves can be packed together when not in use, but can be easily opened to gain access unlike the old individual fixed shelf system of the past.

It also means that tracking each of the 23,000 individual items and finding them in the warehouse is that much easier.

"The majority of our chemical gear does have a service/shelf life," said Di Ambrosio. "These items are tracked monthly to ensure our 'Real World' gear is always serviceable and ready to be deployed with our members at a moment's notice."

This gear includes M50 gas masks, joint service lightweight integrated suit technology suits, over boots, chemical gloves, M295 decontamination kits, M8 paper and M9 tape, just to name a few. That makes it necessary to be able to track down and replace the gear so if there is a real world emergency, gear that has expired is not being issued to a deploying Airman.

Sheppard and Lopez move the hand truck to the mobility section of the warehouse where the gas masks are stored. Each



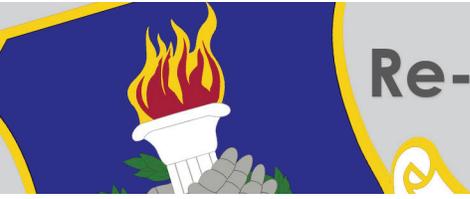
Photos above and below: Senior Airman Mario Lopez, 108th Logistics Readiness Squadron, stores M50 Joint Service General Purpose Masks after they were fit tested at the 108th Wing, New Jersey Air National Guard, located at Joint Base McGuire-Dix-Lakehurst, N.J., Jan. 9, 2016. The M50, which provides more than 24 hours of protection against chemical or biological agents and radioactive particulate matter, is an integral part of an Airman's ability to survive and operate in hostile environments. Lopez is assigned to the mobility section, which is part of the Material Management Flight, assigned to the squadron. The 108th LRS provides logistics support to the 108th Wing by contributing to the wings' operational capabilities and worldwide mobility execution. The squadron fulfills air and space expeditionary force readiness and expeditionary combat support planning through war reserve material management, deployment and reception planning, training and execution.



cluster of shelves are like those found in a library, and because they are in alphabetical order, it is just a matter of locating the open spot on the shelf where the gas mask came from and putting it back.

In less than 10 minutes, all the gas masks have been returned to their locations and Sheppard and Lopez return to their office.

The lesson from this story: If the Ark is in there, it will be relatively easy to find.



Re-enlistments



Members of the 108th Wing decide to continue to "support and defend the Constitution of the United States" and further their careers in the New Jersey Air National Guard during a reenlistment ceremony at Joint Base McGuire-Dix-Lakehurst, N.J., Feb. 20, 2016. Lt. Col. Joseph H. Ruiz, 108th Wing Staff Judge Advocate, right, performed the Oath of Enlistment for the Airmen. From left to right, Senior Airmen Mecca L. Jennings and Matthew J. Space, Master Sgt. Mark C. Olsen and Senior Master Sgt. Jeffrey W. Powell. (U.S. Air National Guard photo by Senior Airman Kellyann Novak/Released)

New First Sergeants



1st Sgts. Ginger White, left, from the 108th Logistics Readiness Squadron, and Allen Beard, from the 108th Civil Engineer Squadron, pose for a photo after graduating from the First Sergeant Academy at Maxwell Air Force Base, Ala., March 4, 2016. (Courtesy Photo)

Are you  a lifesaver?

The Junior Enlisted Council Blood Drive

When: Saturday, June 11, 2016 from 1000 to 1400

Where: Blood mobile in the parking lot of Building 3322.

Email samantha.j.hardy2.mil@mail.mil to sign up for a specific time.



What is the title and artist of the last song you listened to?

Photos by Senior Airman Kellyann Novak, 108th Wing Public Affairs



"Candy-O by The Cars"

Staff Sgt. Theodore Condo,
108th Wing Comptroller Flight



"Alive by Pearl Jam"

Airman 1st Class Jacob Coneby,
108th Wing Comptroller Flight



"Master of Tides by Lindsey Stirling"

Staff Sgt. Sue Defilippi,
108th Wing Comptroller Flight



"The Night is Still Young by Nicki Minaj"

Tech. Sgt. Natasha Maynes,
108th Wing Comptroller Flight



"Instant Karma by John Lennon"

Master Sgt. Jeffrey McGrath,
108th Wing Comptroller Flight



"Uma Thurman by Fall Out Boy"

Senior Airman Ashley Ostboe,
108th Wing Comptroller Flight



"I Swear by Boyz II Men"

Staff Sgt. David Savino,
108th Wing Comptroller Flight



"You Paid It All by Wess Morgan"

Master Sgt. Tenisha Schexnayder,
108th Wing Comptroller Flight



STOP HUMAN TRAFFICKING

Your Point of
Contact Information:
Maj April Doolittle
Wing Chief Of Staff
Bldg 33-27
754-5051

Major forms of human trafficking: Forced Labor, Sex Trafficking, Debt Bondage Among Migrant Laborers, Involuntary Domestic Servitude, Forced Child Labor, Child Soldiers, Child Sex Exploitation.



Become a Unit Public Affairs Representative!



Mission: Tell the Airmen's story

What is a UPAR?

- The official PA representative who contributes photos and stories to the Public Affairs office when something of significance happens with their flight, squadron, or group.
- Without UPARs, many events or stories can go unreported due to a lack of available PA personnel.
- It takes significant effort to report all the worthy events that happen around the Wing. UPARs make that happen.

Opportunity: See new places and meet new people. You represent the eyes and ears of the unit by staying close to the action.

How can you become a UPAR?

1. Notify your chain of command of your intentions and get their approval
2. Let us know you are interested by visiting the 108th Wing's public affairs office at the Wing headquarters, building 3327, or call us at **609-754-4173**
3. We will provide you with some guidance and tools to help you become an effective UPAR

WOMEN'S HISTORY MONTH



WORKING TO FORM A MORE PERFECT UNION:
HONORING WOMEN IN PUBLIC SERVICE AND GOVERNMENT



SCAN AND VIEW MOMENTS IN HISTORY



Designed by James Ladner for the Defense Equal Opportunity Management Institute