



WING *Tips*

NOVEMBER 2014



Preparing To Succeed is Key to Accomplishing Mission

By Col. Steven F. Jamison, 108th Maintenance Group Commander

Bobby Knight once said, "The key is not the will to win... everybody has that. It is the will to prepare to win that is important."

That's one of my favorite quotes. Not just because as a youth growing up in southern Indiana, the "Bobby Knight-coached" Hoosiers were my favorite sports team, but also because these words eloquently summarize one of the most important concepts for success: Preparation.

For us in the Air National Guard, the ability to prepare is paramount to everything we do. The 108th Wing's mission is, "To provide fully mission-ready mobility forces, aircraft and equipment for rapid deployment providing critical combat and support capabilities to the state and nation in the militia tradition." Without proper preparation, this would not be possible.

The act of preparation can really be divided into two areas: Preparation for contingencies, and preparation for opportunities. Drill weekends and annual training are designed to provide the members of the 108th Wing with the opportunity to accomplish both of these types of preparation.

Preparation for Contingencies. When I was a newly-commissioned lieutenant, I attended a motorcycle training course. One of the first lessons we learned was how to play the "what if" game while riding. The idea is to constantly ask yourself "what if" in order to avoid or mitigate potential hazardous situations. What if that car pulls out in front of me? What if that deer jumps into the road? What if the traffic in front of me suddenly



comes to a stop? This translates to our ANG mission as well. We conduct exercises and inspections to test our abilities to handle contingency operations. What if we need to deploy to a combat zone? What if a major natural disaster occurs here in New Jersey? Exercises and inspections provide our personnel with the preparation needed to be successful when these events take place.

Preparation for Opportunities. Equally as important to us is the concept of preparing for opportunities. We need to be able to make the most of circumstances as they arise. When we look into the crystal ball and set our goals, we can see potential opportunities such as career promotions, future mission sets, and educational advancements. Accomplishing professional military education requirements in a timely manner, having a

passing score on the Fitness Test, obtaining a current dental exam, and being proficient in your Air Force Specialty Code, better known as your career field, are all ways to set ourselves up to take advantage of opportunities. Sometimes it may feel like we spend all of our time trying to stay off of the "overdue" lists, but in reality we are securing our ability to prosper in the future.

As we race through another drill weekend we can think about how we are preparing for the future. Whether we are accomplishing required pre-deployment training or completing the Air Force Fitness Assessment, we are setting ourselves up for success. Coach Knight would be proud.

Sun Rises on the 108th Wing
The sun rises behind a A KC-135R Stratotanker parked on the 108th Wing's flight line at Joint Base McGuire-Dix-Lakehurst, N.J., Oct. 26, 2014. (U.S. Air National Guard photo by Tech. Sgt. Carl Clegg/Released)



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LEADERS ENCOURAGING AIRMAN DEVELOPMENT COMMISSIONING OPPORTUNITY



It is that time of year for outstanding Airmen to apply to the United States Air Force Academy. Our USAFA and its Preparatory School offer extraordinary opportunities to the most qualified enlisted Airmen who meet the criteria to enter the commissioned ranks.

Those qualified and selected for an appointment will earn their bachelors of science degree while stationed at the Academy in Colorado Springs, Colo. Upon graduation, Leaders Encouraging Airman Development Airmen are commissioned as an officer in the United States Air Force. The minimum post graduate service commitment obligation is five years. In the aviation career path, the minimum obligation is 10 years after completion of Undergraduate Pilot Training.

Airmen interested in the Leaders Encouraging Airman Development program must be academically qualified, of high moral character, possess exceptional leadership potential, and meet all USAFA entry requirements. Airmen cannot be past their 23rd birthday by July 1, 2015 for USAFA entry, or not past their 22nd birthday on July 1, 2015 of the year of entry to the Preparatory School. In addition, Airmen cannot have depen-

dents, and must be a U.S. citizen upon entering the USAFA. Finally, Airmen are encouraged to retake the Scholastic Aptitude Test (SAT) and/or American College Test (ACT) to ensure the most recent standardized test scores is submitted.

As part of the application process, Airmen must complete an AF IMT 1786 with their Commander's recommendation. The completed 1786 form must be received by the Admissions Office no later than Dec. 31, 2014.

For further information and to apply online, please visit the Academy Admissions website at www.academyadmissions.com. Airmen can also call 1-800-443-9266, email US-AFA_DVP@usafa.edu, visit USAFA Admissions on facebook at (www.facebook.com/AcademyAdmissions), use the USAFA Admissions iPhone/Android app (free download available from I Tunes Store/Android Market), or visit their local base education office.

The Air Force Academy is for those who want a challenge—to learn, to achieve, and to be future leaders for our U.S. Air Force!

We look forward to working with you in the future!



knowledge



**AIR FORCE CHIEF OF STAFF
GEN. MARK A. WELSH III**

A Letter From the Air Force Chief of Staff: Gen. Welsh

Last month, I was lucky enough to join some amazing Americans during the Warrior Games at the United States Olympic Complex in Colorado Springs. As Betty and I watched the competition, we could see the passion and drive on each athlete's face, and it made us even prouder to serve in the world's greatest Air Force.

As is usually the case, our Airmen performed magnificently, winning 48 medals, including 16 gold medals. Those wins were underscored by Air Force Captain Mitch Kiefer taking Ultimate Champion honors—for the second year in a row! Their spirit is infectious and their commitment to excellence is inspiring. But the one thing that really stood out to me and everyone else watching was their sincere desire to encourage and support their fellow athletes. We should all follow their lead.

November is Warrior Care Month and this year's theme is Show of Strength. So as you continually strive to be the best Airman possible, please don't lose sight of what's equally important—making this incredible team as strong as possible by taking care of each other.

A few years ago we established the Comprehensive Airmen Fitness program to focus on the well-being of our Airmen and families and improve the resiliency of these great Americans. Com-



prehensive Airmen Fitness emphasizes finding strength through four pillars—mental, physical, social, and spiritual—to balance and ensure success in our personal and professional lives. Ultimately, we're at our very best when we lean on each other.

Across our Total Force, we've lost 79 Airmen in 2014 to suicide...79 teammates, friends and family members who will be missed greatly. Airmen taking care of Airmen must be our bedrock. No one can succeed in this business, or in life, alone—no one. We need to ensure that Comprehensive Airmen Fitness is a team sport and we should NEVER accept the idea that suicide can't be prevented. This is a battle worth fighting; one imminently worthy of our time and energy. Please join me on the front lines.

As we roll into Warrior Care Month, I ask you to continue to look out for those around you. If you're having a tough time yourself, please talk to someone. We have great folks ready to help. Always know that Betty and I appreciate what you and your families do for our Air Force; we care about each and every one of you and we do not take your passion and drive, your warrior spirit, for granted. It's an honor to stand beside you.

AIRMEN...BECAUSE WITHOUT YOU, WE LOSE!



Lt. Col. Jonathan Lamar, right, is congratulated by 108th Wing commander, Col. Robert A. Meyer Jr., after completing his final flight as a pilot aboard a KC-135R Stratotanker at Joint Base McGuire-Dix-Lakehurst, N.J., Oct. 28, 2014. Lamar's career spans 32 years including enlisted time, four years at the Air Force Academy, active duty time and nearly 14 years in the Air National Guard at the 108th Wing. Lamar received his pilot's wings in June of 1988 and has amassed approximately 6,380 flight hours. (U.S. Air National Guard Photo by Tech. Sgt. Carl Clegg/Released)



Staff Sgt. Ashley Stewart administers a mist flue shot to a 108th Wing Airman. As part of their military readiness requirements, Airmen need to be up to date on all immunizations. (U.S. Air National Guard photo by Tech. Sgt. Armando Vasquez/Released)

2014 Veterans Day Restaurant Special Offerings

Applebee's – free meal, Nov. 11: Last year, Applebee's served over one million free meals to military veterans and active service members. There will be 7 entrées to choose from, beverage and gratuity not included. Military ID or proof of service required

Bob Evans -- Veterans and active military personnel receive free all-you-can-eat hotcakes on Tuesday, November 11.

California Pizza Kitchen – Veterans and active military receive a complimentary entrée from a special menu on Tuesday, November 11.

Carrabba's – All active and retired veterans get a free appetizer November 8 through 11.

Cattlemens – Active, inactive, and retired military personnel get a free Small Sirloin Steak Dinner on Tuesday, Nov. 11.

Claim Jumper -- On Monday, November 10, all Claim Jumper locations will provide veterans with a complimentary meal from a special menu.

Cheeseburger in Paradise -- Active and retired military personnel receive a complimentary All-American Burger with fries on Tuesday, November 11.

Charlie Brown's Steakhouse, Nov. 11, 2014: Free meal for active and former military members with ID or other valid proof of service.

Chili's – free meal, Tuesday, Nov. 11 2014. Chili's is offering all military veterans past and present their choice of one of 7 meals during the dinner hour, or any lunch combo during lunch. Offer only available at participating Chili's in the U.S. only. Dine-in from limited menu only.

Carlo's Bakery (The Cake Boss) is offering all Veterans and active service members to enjoy a free large cannoli by presenting a military ID or proof of service at any Carlo's Bakery location in Hoboken, Red Bank, Westfield, Ridgefield and Morristown.

Denny's - Nov. 11. Free Build Your Own Grand Slam® on Tuesday, Nov. 11, from 5 a.m. to noon for all active, inactive, and retired military personnel at participating locations only. Please call ahead.

Friendly's - Nov. 11, 2014: Free breakfast, lunch, or dinner. Breakfast offering is free a Big Two Do breakfast, which includes a coffee and the choice between French toast, buttermilk pancakes, or regular toast along with bacon or sausage links, and some eggs. Lunch or dinner includes an All-American Burger served with fries and a beverage.

Golden Corral – Free meal, Monday Nov. 17, 2014 (5pm – 9pm): The 14th annual Golden Corral Military Appreciation Monday dinner will be available to any person who has ever served in the United States Military.

Hooters - Nov. 11, 2014. Tuesday, Nov. 11, Hooters invites all veterans and current servicemen and women to enjoy a free meal, up to \$10.99 in value with any drink purchase, by presenting a military ID or proof of service at any Hooters location across the country.

iPlay America in Freehold - Veterans and Active military ride for free on Veterans Day To celebrate three years of fun guests can purchase unlimited ride band for \$11 and a \$20 game card for an additional \$11 (total of \$22). Must purchase ride card to get \$11 Game Card!

JJ's Red Hots – Veterans and active duty military get with an unlimited free meal on Tuesday, November 11.

Krispy Kreme – Krispy Kreme is offering a free doughnut and

small coffee to all veterans on Tuesday, November 11 at participating locations.

LongHorn Steakhouse – Veterans and current service members receive a complimentary Texas Tonion appetizer and non-alcoholic beverage from a select menu on Tuesday, November 11.

Max & Erma's – On Tuesday, November 11, participating Max & Erma's locations are offering veterans and active military personnel a free Best Cheeseburger in America Combo meal.

McCormick & Schmick's Seafood Restaurants -- On Sunday, November 9, participating restaurants will offer a complimentary entree to veterans from a special menu.

Menchie's, Nov. 11, 2014: All veterans and current service members will receive a free 6 oz. frozen yogurt on Veterans Day

MOD Pizza -- Veterans and active duty military get a free individual, artisan-style pizza or hand-tossed salad on Tuesday, November 11.

Olive Garden – On Tuesday, November 11, all veterans and current service members get a free meal from a limited menu.

On the Border -- Veterans and active duty military can enjoy a free meal from the "Create Your Own Combo menu" on Tuesday, November 11.

Outback Steakhouse – All active and former service members receive a free Bloomin' Onion and a beverage on November 11. Outback is also offering active and former service members 15% off their meals Nov. 12 through Dec. 31.

Perkin's Restaurant & Bakery - Nov. 11, 2014: Participating restaurants are offering current service members and veterans a free Magnificent Seven meal which includes two eggs, three buttermilk pancakes, and a choice of two bacon strips or two sausage links.

Red Hot & Blue -- Veterans receive a free entrée with the purchase of a second entrée on November 10, 11 and 12. Coupon required.

Red Lobster -- Veterans, retired and active-duty military personnel receive a complimentary appetizer from a limited menu from Monday, November 10 to Thursday, November 13.

Shoney's -- Shoney's will be offering a free All-American Burger to veterans and active duty service members on Tuesday, November 11.

Sizzler -- Sizzler offers active duty and veteran military members a free lunch from a limited menu on Tuesday, November 11 until 4 p.m.

Spaghetti Warehouse – On Tuesday, November 11, buy one entrée and get the second entrée free. This deal requires a coupon, which is available starting November 4.

Texas Roadhouse -- Texas Roadhouse locations nationwide will offer veterans a free lunch on Tuesday, November 11 from 11:00 a.m. to 2:00 p.m. Offer is good for active duty, retired or former U.S. military.

Uno Chicago Grill, Nov. 11, 2014. Free individual pizza or entrée with the purchase of a pizza or entrée of equal or greater value. Available for all active duty and veterans. No coupon necessary; proof of service required. Don't forget to tell the staff you are there that day to support Fisher House, and a portion of your party's check will go to benefit the Fisher House Foundation, an awesome military charity.



Lt. Col. Robert T. Stolte, right, 108th Comptroller Flight commander, administered the Oath of Enlistment to members of the 108th Wing at the re-enlistment ceremony held at the Wing headquarters at Joint Base McGuire-Dix-Lakehurst, N.J., Oct. 25, 2014. Left to right, Se-

nior Airman Keith Miller and Tech. Sgts. Tanya Brown-Sampson and Michael Klein. (U.S. Air National Guard photo by Senior Airman Kellyann Novak/Released)

One Stop for DoD Travel Regulations



Beginning Oct. 1, 2014, the Joint Federal Travel Regulations, Volume 1 (JFTR) and the Joint Travel Regulations, Volume 2 (JTR) will be consolidated into one volume, titled the "Joint Travel Regulations."

The travel regulations were filled with redundancy, often with the same information being repeated in both the JFTR and JTR. During the last year, certain chapters and appendices were combined but still remained in two separate volumes. The merger of the regulations into one volume makes them more easily accessible and understandable to travelers and provides aligned language that highlights where allowances are different for uniformed members and civilians.

The consolidated version of the regulations is available at the DTMO website: www.defensetravel.dod.mil/site/travelreg.cfm.



Around The Wing



Members of the 108th Wing Logistics Readiness Squadron perform inspections for cargo assembly at Joint Base McGuire-Dix-Lakehurst, N.J., Sept. 14, 2014. The team of inspectors made sure all paperwork was in order, the pallets were packed properly and reviewed the cargo with each squadron. (Air National Guard photos by Senior Airman Kellyann Novak/Released)



JOIN THE 108TH WING HONOR GUARD

Individuals wishing to join the 108th Wing Honor Guard should attend a practice session Sept. 13 at 2 p.m., in the Honor Guard Room in building 3327.

For more information, contact Tech. Sgt. Noelle Smith at 754-4327.

Calling All Chiefs *...And Promotable Senior Master Sergeants*

Vacancy Announcement: The 108th Operations Group will be holding interviews in December to select a group superintendent.

Area of Consideration: All chief master sergeants and promotable senior master sergeants who are members of the 108th Wing and hold an AFSC within the Operations Group are eligible to apply. This is a deployable, drill status Guardsman position. An AGR or Technician, if selected, will be required to resign from his/her full time position. The Group superintendent will be a tenured, experienced and well broadened individual with a good working knowledge of the Group.

Position description: The superintendent is a member of the commander's staff and performs duties at the operational level. The superintendent provides leadership and management in organizing, training and equipping of assigned personnel. Additional responsibilities are detailed in ANG Instruction 36-2109.

Application procedures: Interested persons should submit a letter of intent, military resume, current record review RIP, letter of recommendation from unit Commander (SQ/CC or above), letter of recommendation from a 108th Wing chief master sergeant, and a current passing fitness assessment. Submit applications to Master Sgt. Rodney Harris at rodney.harris.1@ang.af.mil, no later than close of business Dec. 12. Qualified applicants will be contacted to schedule an interview over December's drill.



IF IT'S INTERESTING, WE'RE INTERESTED. CALL PA AT 754-4173

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TECH. SGT. JASON FEIBISCH

Time in service: 10 Years
Job with 108th Wing: Metals technology at 108th Maintenance
Civilian job: Mechanical Engineer
Favorite food: Italian
Favorite movie/movie last seen: Shawshank Redemption
Favorite actor/actress: Tom Hanks
Favorite TV show: ESPN
Favorite music genre/artist: Rock
Favorite sport: Baseball
Favorite Book: American Sniper
What I do in my spare time/hobbies: Gym, guitar, basketball, concerts and traveling
My hero: James Franco
Dream vacation: Australia
Dream car: Mustang
Goals for the future: Buy a house
What I like most about the 108th: Friends in the unit and working in a fun career field
If I was CC for a day: Pizza every drill weekend



Photo by Staff Sgt. Jacquelyn E. Vasvari-Toke

CIVIL ENGINEERING OFFICER OPENING

The following are mandatory for CE Officers:

Education. The following education is required for entry into AFSCs 32E1X as indicated:

Undergraduate or graduate academic degree is mandatory in architecture or civil, electrical, environmental, construction, architectural, industrial, or mechanical engineering in a school whose respective program is accredited by a nationally recognized body in engineering; or in architecture in a school that is accredited by a nationally recognized body in architecture. Architects may fill A or G suffixes. (Currently, the national accrediting bodies are the Accreditation Board for Engineering and Technology and the National Architectural Accreditation Board.)

Additional Requirements:

- 1) Normal Color Vision

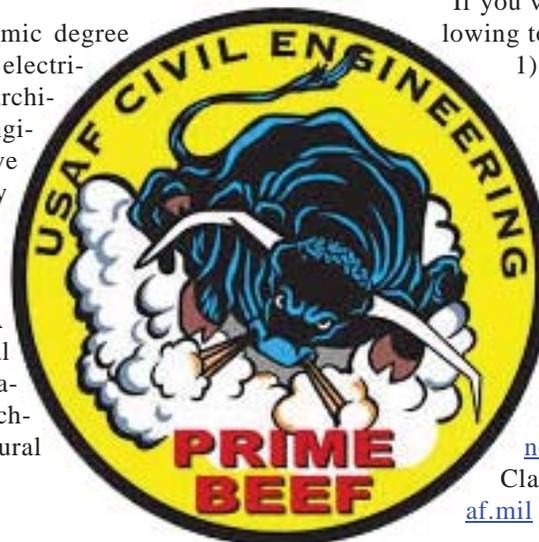
- 2) Minimum Height 5'2", maximum height 6'8"
- 3) No Record of Claustrophobia

If you would like to apply please submit the following to Lt. Col. Paul Novello

- 1) Professional Resume
- 2) College Transcripts
- 3) AF Personal Data Printout from VMPPF
- 4) AF PT Test (must be passing)
- 5) Letter of Recommendation from Unit Commander
- 6) AFOQT

Packages are due by close of business Dec. 14.

Any questions can be addressed to Lt. Col. Paul Novello at 609-754-6090 /paul.novello@ang.af.mil or Master Sgt. Shane Clark at 609-754-4587/shane.clark.3@ang.af.mil

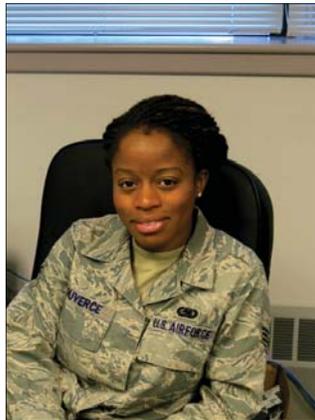




“What are you most looking forward to this Thanksgiving?”



“I’m going to play football with friends and watch the Eagles game.”
Airman 1st Class Jacob Coneby



“I’m excited to spend some time with family and I love all of the desserts.”
Senior Airman Danessa Duverce, 108th Chaplains Office



“Spending quality time with my family and volunteering at a shelter.”
Senior Airman Tyshawn Jenkins, 108th Maintenance Office



“I’m looking forward to watching the Eagles crush the Cowboys.”
Senior Master Sgt. Matthew Johnson, 108th Finance Office



“I have to stay home and write research papers so I can finish classes a week early.”
Senior Airman Gabriel Santiago, 108th Chaplains Office



“I am just looking forward to a paid day off.”
Staff Sgt. David Savino, 108th Finance Office



“I’m going to Pittsburgh to visit my family.”
Airman 1st Class Jeddell Yeras, 108th Legal Office



“I’m looking forward to visiting family in New York. I really like Black Friday after a stomach full of turkey too!”
Staff Sgt. Jennifer Robledo, 108th Chaplains Office