

WING Tips

AIR NATIONAL GUARD

SEPTEMBER 2014

MSGT FRANK DILIBERTO
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SRA ASHLEY KING



The roller coaster of change

By Lt. Col. Chris Houseworth, 108th Contingency Response Group commander

Today's Citizen-Airman face challenges as the world continuously evolves. Political, financial and social factors are all forces which drive this roller coaster. Change in itself is a stress that can be overwhelming at times. Whether professional or personal, how you approach change determines the outcome.

Just like a roller coaster, some folks get excited and can't wait for the adrenaline rush - the sharp turn, the upcoming loop or the steep drop. Others need to be convinced and dragged onto the ride with lots of encouragement and reassurance. Just remember, you are not alone. When we board that roller coaster, remember we all purchased our tickets together and are in for a ride that promises excitement, anxiety, surprise, challenges and emotional highs and lows with a rush of adrenaline that sees us through. Hopefully, when the ride ends, we will all get back in line to prepare for the next roller coaster ride.

Easier said than done, right? So how can we prepare for this ride? Whether you are dealing with changing your lifestyle to pass that upcoming physical fitness test or are facing a possible career change, the key to success is in your mental approach to the situation. Remain positive, believe in yourself and others and actively search for solutions to problems.

The first step is to keep a positive mental attitude. When my



son was five, I framed a quote from Lao Tzu and placed it in his room. He has told me that he looks at it every day as a reminder on how to approach life. The quote reads: "Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habit. Watch your habits; they become character. Watch your character; it becomes your destiny."

It's easy to take a negative approach to change, after all it doesn't take much to pass blame onto someone else or to look at issues from a perspective of: "It isn't my fault", or "I can't do it". Many people who approach change in this manner fail to move forward and are content with telling themselves: "It wasn't my fault; it was out of my control." In the end, negative thoughts produce negative results.

Taking a positive approach from the beginning opens the door to positive outcomes. If you ask yourself, "What's the point? I can't run a mile and a half," then you never will. However, if you start by saying "I will run a quarter mile today and work my way up to a mile and a half," then one day you will succeed. I challenge each of you to approach the next problem from a positive perspective and see what happens. It may not turn out 100 percent the way you thought, but that positive ap

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Joint training at Joint Base

Airman 1st Class Leonardo Lantigua-Menendez 108th Wing Maintenance Squadron is wheeled away after being extracted from a fuel tank at Joint Base McGuire-Dix-Lakehurst, N.J., Aug. 22, 2014. The exercise, which tested the procedures for removing an unconscious victim from a KC-135R Stratotanker fuel tank, involved multiple Joint Base organizations including the 108th Maintenance Squadron, 108th Wing and 87th Bio-Environmental shops, 87th Fire Department and both the 108th and the 87th Safety Offices. (U.S. Air National Guard Photo by Tech. Sgt. Carl Clegg/Released)



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- www.facebook.com/pages/108th-Wing
- www.twitter.com/108thWing
- www.flickr.com/photos/108th_wing
- <https://www.youtube.com/user/108thWing>

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A note from retiring chaplain Brig. Gen. Alphonse J. Stephenson

Air National Guard photo by Master. Sgt. Marvin R. Preston/Released

Dear Friends,

After almost twenty-five years as a member of the New Jersey National Guard, it is time for a new direction.

What began as just a casual thought in 1989, quickly became one of the most important decisions of my life, second only to being ordained a Catholic priest back in 1975. The honor of serving as chaplain to the 170th ARG, then the 108th, to JFHQ as your State Chaplain, then on to NGB at the Pentagon as Director of the Joint Chaplaincy and ANG Assistant to the Chief of Chaplains of the Air Force all seem as if it were only yesterday!

The common denominator shared by all those positions was the privilege of ministering to the finest people in the world. My "parish" consisted of Catholics, Protestants, Jews, Muslims, Agnostics, Atheists and everyone else; talk about diversity! All are so very different, but all so much the same: People of good will, pledging themselves to the service of others.

Please allow me to leave you with just a few lessons I've learned so far, not only during these years in uniform, but during the last sixty-four years of visiting planet Earth:

- Rejoice in others' accomplishments enthusiastically
- Recall past hurts sparingly
- Mentor gently
- Listen intently
- Recognize disappointments as redirections trustingly
- Respect what you think you should be, concentrate on what you could be, seek reasons to rejoice in who you are...so far,

- Treat yourself with gentleness,
- Love God trustfully and with great joy!

I thank each of you for being part of this wonderful chapter of my life and assure you of God's love for each of you; may He continue to guide you, grant you peace in abundance, and hold you in the palm of His Hand.

With profound respect and gratitude,
Father Alphonse



Brig. Gen. Alphonse J. Stephenson, right, director of the National Guard Joint Chaplain Corps and Air National Guard assistant to the United States Air Force Chief of Chaplains, talks with Rahima C. Williams, 108th Wing Student Flight, April 13, 2013, at the National Guard Training Center in Sea Girt, N.J. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)



Extraction C i s s e

Airmen from the 108th Maintenance Squadron, 108th Wing, New Jersey Air National Guard, perform a fuel tank extraction to test the procedures to extract an unconscious victim from a KC-135R Stratotanker fuel tank at Joint Base McGuire-Dix-Lakehurst, N.J., Aug. 22, 2014. The exercise involved multiple Joint Base organizations including the 108th Wing and the 87th Bio-Environmental shops, the 87th Fire Department and both the 108th and the 87th Safety Offices.



Photos by Tech Sgt Carl Clegg

108TH CELEBRATES FAMILY DAY

Story and photos by Tech. Sgt. Armando Vasquez

The sky was dark and gray but the sentiments around the Doughboy pavilion was one of festivity, as the Airmen of the 108th Wing and their friends and family members celebrated Family Day Aug. 3, at Joint Base McGuire-Dix-Lakehurst, New Jersey.

After attending the annual Commander's Call, at which Airmen were briefed on the Air Force's resilience program, operational security, and sexual assault awareness, the Air Guardsmen changed out of their airman battledress uniform into more comfortable shorts, t-shirts and sandals and joined their loved one for some fun, food and friendship.

Food was provided by a local restaurant and consisted of salads, hot dogs, hamburgers, pulled pork, and chicken, while beverages flowed from a highly-visited truck. For the children, balloons, games and an inflatable jump house was provided. In addition, many of the Wing's leadership took their chances at the dunk tank. Hoping that participants would miss the target, Col. Robert Meyer, Chief Master Sgt. Daryl Fortner, and Lt. Col. Michael Baldi, ended at the bottom of the tank, deep in freezing-cold water, as various children kept throwing soft-

balls and hitting the bulls-eye.

The day was all about fun, family and support.

"Airmen are the strength of the Air Force

and families are the strength of these Airmen," said Meyer, commander. "We can't do our job of protecting this nation without the support of our families. It's important to sustain our Airmen's family support system and Family Day is a way for us to say 'thank you' to our Airmen and their families."

So as the skies cleared and food was consumed, the 108th Wing Airmen enjoyed a day with family; military and their immediate loved ones.



Post 9/11 G.I. Bill Transfer Program Information for Air National Guard members

Basic Eligibility:

1. Member must be eligible to qualify for Post 9/11 G.I. Bill Benefits, before they can transfer the benefits to dependents.
2. Eligibility for Post 9/11 G.I. Bill can only be approved by the Department of Veterans Affairs.
3. A Certificate of Eligibility letter must be obtain from the DVA or an Education Enrollment Status from eBenefits.gov

Service Commitment:

1. All members must have a four-year service commitment on record or be eligible to extend for up to four years.
2. If the member does not have a four-year service commitment on record, only the commander can recommend an extension of service.

What are your responsibilities?

1. Ensure your dependents are registered in DEERS. Joint spouse personnel should have dependents associated with both parents in DEERS.
2. Apply for transfer of benefits at: <https://www.dmdc.osd.mil/TEB/>
3. Obtain the required retainability to cover the four year service obligation if required.
4. Complete the Statement of Understanding. Note: For efficient administration, you should obtain the retainability and complete the statement of understanding as quickly as possible. Application will expire 60 days from date of application if requirements are not met.
5. Seek counseling from appropriate agencies - reenlistments/education or the retention office manager.

What happens after I have applied in TEB and completed all requirements?

Once application is completed by the ROM, members can check their application in TEB for an approval letter, within two weeks after application has submitted for approval.

How do I change/adjust/revoke benefits?

It is up to the service member to log into TEB or work directly with the Department of Veterans Affairs to resolve any problems. Members can always go back into the TEB website and add or delete months of benefits to their dependents. Reminder: If you are not at 100 percent of eligibility for Post 9/11 G.I. Bill, keep at least one month of benefits to yourself.

ANG Strong Bonds Singles Retreat

Friday night, September 26

through

Sunday morning, September 28

Learn how to build a healthy relationship

Or improve an existing relationship

Enjoy a tremendous paid weekend

Singles retreat in Princeton, NJ.

(Hotel to be determined)

Registration limited to the first 18 members.

Sign up at: During Drill:

108th Chaplain's Office
609-754-2496

During the week:

Douglas Ridgway
108th Family Readiness Center
609-754-4479
douglas.ridgway@ang.af.mil

Included:

Hotel Room
Meals (Fri. Dinner, Sat. Breakfast, Lunch, Dinner, Sun. Breakfast)



Getting Back To Basics

From the 108th Wing Safety Office; Graphic by Tech. Sgt. Carl Clegg, 108th Public Affairs

This information in today's safety talk is an opportunity to make sure all of our safety bases are covered. From new workers to old hands, let's take a few minutes to get back to safety basics.

First, remember you have rights. You have the right to a safe workplace. You have a right to be informed about hazardous materials used or stored in your workplace. You have the right to refuse dangerous work and to report safety violations.

You also have responsibilities too. You have the responsibility to tell others about hazardous conditions or safety violations if you are aware of them. You must follow safe work procedures and use the required protective equipment.

It is vital for you to learn about the hazards you might encounter at work. They may be outside of your experience. For instance, you may know that electric shock can kill you and that you should take certain precautions around electrical equipment, but your experience and education so far probably have not included large automated industrial machinery driven by more than one source of power.

You may have a good idea of how to protect yourself against exposure to the kinds of chemicals in your garage, garden, or cleaning cupboard at home, but the kinds, quantities and strength of chemicals in the workplace can result in fires, explosions, burns and toxic exposures which can kill quickly or slowly.

These are some of the safety basics of your job:

- Learn what to do in an emergency. Know how to find and operate alarms. Identify at least two escape routes from your work area, not counting an elevator which should not be used in a fire.

Know who to call -- emergency phone numbers should be posted at each phone -- and how to give directions to your workplace. Know the location of the first aid room.

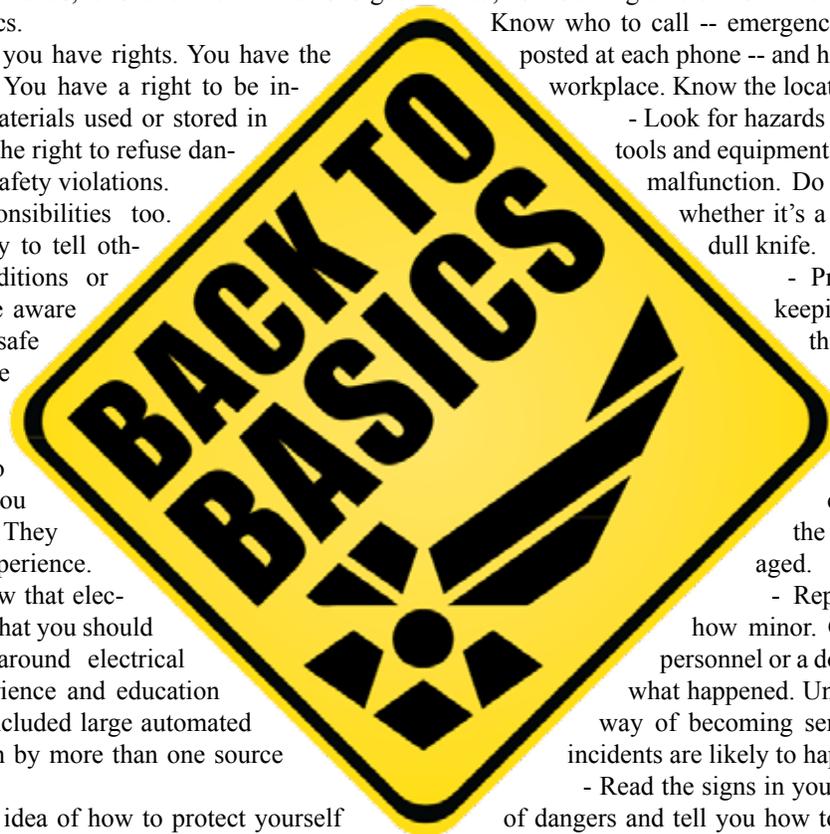
- Look for hazards before starting a job. Inspect tools and equipment for signs of wear, damage or malfunction. Do not use any defective item, whether it's a patched extension cord or a dull knife.

- Practice good jobsite house-keeping. That means putting things back where they belong after using them, and cleaning up after yourself. These habits prevent slipping and tripping injuries caused by scrap cluttering the floor or tools being damaged.

- Report any injuries, no matter how minor. Get treatment from first aid personnel or a doctor and tell your supervisor what happened. Untreated small injuries have a way of becoming serious infections. Unreported incidents are likely to happen again to someone.

- Read the signs in your workplace. They warn you of dangers and tell you how to protect yourself. If you do not understand something, ask your supervisor or an experienced co-worker.

Keep asking questions until you get the answers you need. Information about workplace hazards and safety is one of your basic rights.



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TECHNICAL SERVICES
CENTER (CETSC)

Energy Matters

JANUARY - MARCH 2014

The Air National Guard Energy Newsletter

“Jumping up from 12th place last year is McGuire Air Force Base ANG in 3rd place with 53%.”

Congratulations to the 108th Civil Engineer Squadron as they are responsible for the many energy cost-saving initiatives that have improved energy efficiency overall for the 108th Wing and for the Air

National Guard. The 108th Wing was recognized in the first quarter of 2014 Air National Guard Energy Newsletter, Energy Matters, as the third highest ANG base in energy reduction from 2012 to 2013.





Col. Robert Meyer, far right, 108th Wing commander, administered the Oath of Enlistment to members of the 108th Wing, New Jersey Air National Guard, at the re-enlistment ceremony at the Wing's headquarters at Joint Base McGuire-Dix-Lakehurst, N.J. August 2, 2014. Left to right: Senior Master Sgt. Michael J. Rakauckas, Master

Sgts. Brian C. Naldzin and Marlon L. McKinney, Staff Sgts. William C. Ryan and Luis Ruiz, Chief Master Sgt. John A. Early, Senior Airmen David J. Bouthot and Brian P. Oliver. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)

The roller coaster of change continued from page 2

proach will definitely change and improve the outcome.

Next, believe in yourself. You'll be surprised at what you are capable of accomplishing. Never give up! Always look for ways to be better, stronger and more adaptable to situations. If something does not go as planned, don't get frustrated or try to figure out what went wrong. Adapt to the situation, make adjustments and press forward. Reflect on what went wrong later. Believe in your ability to adapt to change and you will get better over time.

Next, believe in others. Everyone has a different approach, but most agree on the end result. Example: I believe that $2+2=4$. You may see it as $1+3=4$ and someone else will get $5-1=4$. It doesn't matter how we get to four as long as we get there. Believe in everyone to do their part to get the job done. Listen to their ideas; you may find their method better than yours. Believing and listening to their input will strengthen the team. Shut them out will and you will lose in the long run.

I recommend reading The Five Elements of Effective

Thinking by Edward B. Burger. It's a quick read and you can apply the material to everyday issues.

Find solutions to problems. I approach every problem with a solution. It may not be perfect, but it is a solution. Remember, be patient, don't get frustrated when things don't go as planned. Think outside the box and explore solutions to help the situation. If you wait for someone else to solve it for you, you might be waiting a long time.

I can't remember the last time something went perfectly according to plan. Placing blame and pointing fingers does nothing to correct a problem. Negativity will only prevent us from moving forward. Taking a positive approach toward problem solving builds teamwork and leads to a better outcome. A positive reaction will always produce a positive result.

As the roller coaster of change comes to a stop, remain positive, believe in yourself and others and always find solutions to problems. If we practice these fundamental characteristics and apply them to our problems we will develop positive thoughts, which will lead us to our destiny.



108th holds SAPR training

Master Sgt. Crystal Chinquee-Smith, left, 108th Wing Communications Flight, leads a discussion using the invisible backpack exercise, which focuses on helping Airmen understand the burdens sexual assault survivors face during annual sexual assault response and prevention training at Joint Base McGuire-Dix-Lakehurst, N.J., Aug. 22, 2014. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)



Condello retires

Honor Guard members Senior Airman Paula Daniels, left, and Staff Sgt. Jacquelyn Vasvari-Toke, right, fold the American flag for Senior Master Sgt. Rose M. Condello, second from right, 108th Force Support Squadron, 108th Wing, at Joint Base McGuire-Dix-Lakehurst, N.J., August 2, 2014. Condello retired after serving for 24 years. (U.S. Air National Guard photo by Master Sgt. Mark C. Olsen/Released)

JOIN THE 108TH WING HONOR GUARD

Individuals wishing to join the 108th Wing Honor Guard should attend a practice session Sept. 13 at 2 p.m., in the Honor Guard Room in building 3327.

For more information, contact Tech. Sgt. Noelle Smith at 754-4327.

NJ ENLISTED CONFERENCE



The 41st Annual Conference of the Enlisted Association of the National Guard of New Jersey will be held at the Seaview, Dolce Hotel & Resort, Galloway, Oct. 10-12, 2014.

There are several package plans available. For more information contact conference chairman retired Sgt. Maj. Jerome Zebrowski at (609) 214-6959 or by e-mail at jpctfalc@aol.com.

Visit www.eang-nj.org web site, or Facebook at www.facebook.com/#!/eang.newjersey for additional information and updates.



CCAF online courses available

CCAF is offering two online courses which fulfill the three-hours of either social science or program elective credit required for CCAF degrees. The courses are free and are self-paced, with a four-month completion deadline.

"Introduction to Culture" enrollment: Sept. 16 - 29; class dates: Oct. 9 - Jan. 14.

"Introduction to Cross Culture Communication" enrollment: Oct. 14 - 27; class dates: Nov. 6 - Feb. 11.

Airmen are encouraged to apply early if interested in these courses. Enroll through the Air University Portal, a CAC card is required for application and registration.

Future dates are available through the links below:

<http://culture.af.mil/enrollmentwindow.aspx>

<https://auportal.maxwell.af.mil/auportal/sec/welcome.AirUniversity>



September 2014

Suicide Prevention Month



Suicide prevention is one of the DoD's top priorities. Observation of Suicide Prevention Month provides an opportunity to demonstrate our collective resolve to combat this problem and promote steps to increase knowledge and foster understanding of suicide prevention and enhance help-seeking and resilience efforts.

The Defense Suicide Prevention Office (DSPO) is part of the Department of Defense's Office of the Under Secretary of Defense for Personnel and Readiness (USD (P&R)). DSPO oversees the development of policies, procedures and messaging to prevent suicide and build resilience across the U.S. military.

www.suicideoutreach.org



Preventing Suicide is Everyone's Responsibility

- ▶ The DoD takes suicide prevention very seriously and considers any measure that saves a life as one worth taking. One act can save a life.
- ▶ The DoD has implemented many programs and services to help Service members, DoD civilians, and their families cope with everyday stresses and those unique to military life.
- ▶ Suicide prevention is the responsibility of all of us. Leaders at all levels must embrace this issue and take measures to create a command climate that encourages Service members, DoD civilians, and their families to seek the help that they need.

The Causes of Suicide Are Diverse

- ▶ Suicide is a complex issue. Just as in the general population, suicide in the military is usually associated with relationship problems, financial distress, legal issues, and depression.
- ▶ Based on the data, there appears to be no direct link between deployment and an associated risk of suicide.
- ▶ Everyone should recognize the signs of suicide: hopelessness; anxiety; feeling like there is no way out or reason to live; self-destructive behavior, such as alcohol and drug abuse; withdrawing from family and friends and no longer enjoying favorite activities; talking about death; and acquiring weapons or other lethal means.

Building Resilience is Critical

- ▶ USD P&R defined resilience as "the ability to withstand, recover, and grow in the face of stressors and changing demands." Resilience is foundational to Total Force Fitness.
- ▶ Although everyone starts with different levels of resilience, increasing it is always possible.
- ▶ Resilience can be built, sustained, supported, and reinforced in four aspects of a person's life—mind, body, spirit, and social.

DoD Promotes Help-Seeking

- ▶ Seeking help is a sign of strength.
- ▶ Military members who seek behavioral health care are protected by law against discrimination.
- ▶ Suicide ideation or a suicide attempt is a medical emergency and care should be sought immediately—call 911.
- ▶ DoD has launched a joint campaign with the Department of Veterans Affairs on the "Power of 1;" 1 Act, 1 question, 1 call, can save a life.
- ▶ Service members or their families in crisis should seek help immediately by contacting the Military Crisis Line. Dial 800-273-8255 (press 1 for military) for 24/7 crisis support. The crisis line also provides an online chat (www.militarycrisisline.net) and text service (838255).
- ▶ Service members or their families who would just like to talk to someone who has shared similar experiences should contact Vets4Warriors. They will be linked to a peer who is trained to assist them in overcoming their obstacles. Call 855-838-8255; email info@vets4warriors.com; or chat online at www.vets4warriors.com.
- ▶ If you suspect someone may be feeling suicidal, talk to them—it could help save their life.

"But who's going to watch the kids (during the UTA)?"

By Master Sgt. Ed Lowden, First Sergeant, 108th Maintenance Squadron

Many of us have been there, that "Oh no", moment when you say, "I thought out everything – except who's going to watch the kids!" Then you stress over having to not only find someone you can trust, but someone that you and rely on to be there for you when you may need them most – during a guard weekend.

An on-base resource available to you is Family Child Care, or FCC, which has licensed providers in the Joint Base housing areas. The program is managed by Teresa Sneed with the 87th Family Readiness Centers. Seed can be reached at (609) 754-3341. This resource includes free childcare for you if you meet any of the following criteria:

- Single parent on UTA status
- Dual military members on UTA status
- Member in UTA status with deployed spouse
- Member in UTA status with civilian spouse working the weekend

The "free child care" is paid by the government and approved through Air Mobility Command. There are some qualifiers: For those not meeting the above free service criteria, this same child care service is available at a cost which is often significantly lower

than what you would pay for off base child care.

Thoughts of child care might also lead you to wonder about the caregivers qualifications and the meals provided to your child. When children are with an FCC caregiver, all meals provided to the children are approved by the USDA clerk at the JB-MDL early childhood development center. Additionally, all FCC providers are certified to administer infant and toddler first aid – to include CPR, and carry care liability insurance. Your child can also participate in developmental activities which are supervised by a trained professional. Unannounced home visits are made by the FCC Office to provider homes at least once per month, ensuring child care provider compliance with all regulations. Limitations on the child care providers are; only six children can be in their care at any time, including the provider's own children under the age of eight; only two of these six can be under the age of two, including the provider's own children.

If this is a program which you feel you could benefit from, visit www.gomdl.com and scroll over to the "Child and Youth" tab, then click "Family Child Care Program" for in-depth details about this beneficial program available to guard dependent.

ALS ICE BUCKET CHALLENGE

From the 108th Judge Advocate General Office

The ice-bucket challenge, while a great cause, is undoubtedly a fundraising effort for a private organization.

Performing this challenge in uniform gives the impression that it is endorsed by the Air Force. While members may engage in fundraising for non-federal entities or PO's they cannot do so in their official capacity and should not perform it in uniform as it may be considered an endorsement that is not permitted by the JER. Please see AFI 36-3101: 19 Official Endorsement.

Under DoD 5500.7-R, Section 3-210.a., Air Force employees may not officially endorse, or appear to endorse, fundraising for any non-federal entity except for those specifically identified in JER Section 3-210.a. That section permits official support and endorsement of the Combined Federal Campaign and Air Force Assistance Fund. Under Section 3-210.a. (6), officials may also officially endorse and support fundraising activities when conducted by organizations composed primarily of DoD employees (or their dependents) when fundraising among their own members for the benefit of welfare funds for their own members (or dependents) when approved by the installation commander, after consultation with an ethics official.

Wearing a military uniform to fundraising events is also prohibited. For more guidance on the wear of the uniform see also, OpJAGAF 1998/103, 9 October 1998.

In short, the challenge shouldn't be done in military uniform. Also, please remember if you are in military uniform at any public forum to include social media please seek 108th Wing Public Affairs guidance by calling (609) 754-4173.



COMMAND CHIEF FACTS

Ancillary Training

The Bottom Line:
ANG is taking the lead! ANG has designed focused materials that will be used to train all Airmen on annual, expeditionary and specialized ancillary requirements in an engaging, blended-learning format.

Why / How:
Airmen's time is overtaken with recurring ancillary training requirements that negatively affect members' AFSC training completion. The ANG Ancillary Training Pilot Program will cut out redundant training, saving approximately 2.1 million man-hours over the 3-year test period.

What:
All products have been standardized, revised and refined to incorporate all required core competencies within the DODIs, Policies and AFIs. Materials are designed to be conducted in an "en masse" format, with Commander or SME focused briefings & facilitated discussions.

Who:
Ancillary training affects all members of the military, no matter the status, Active Duty, Guard or Reserve; the ANG Ancillary Training Pilot Program will be enforced for all ANG members.

When:
The ANG Ancillary Training Pilot Program is implemented as of 1 September 2014. This is the culmination of a long-fought battle to empower commanders with the authority and flexibility to train and educate their personnel on the ancillary training requirements.

Where:
ARCNet is the system of record for all ancillary training documentation for the ANG. All ancillary training products are available 24/7 to download from ARCNet. Airmen can complete required training anytime, anywhere. If you have questions, contact your Base Education & Training Manager.

Timeline

- Oct 2012**
Lt. Gen. Wyatt established AF50 21 Event for Ancillary Training
- Sept 2014**
Implementation for ANG Ancillary Training Pilot Program
- March 2015**
Program Status Update to Gen. Sources, VCSAF

Senior Leader Perspective

"This is a great example of the innovative thinking that our Guard brings to the fight."
-Lt. Gen. Stanley E. Clark, Director of the Air National Guard

IF IT'S INTERESTING, WE'RE INTERESTED.
CALL PA AT 754-4173



SENIOR AIRMAN STEVEN ZAMPINO

Time in service: Two years, nine months

Job with 108th Wing: Personnel, Force Support Squadron

Civilian job: Human resource specialist

Favorite food: Pasta

Favorite movie/movie last seen: Eternal Sunshine of the Spotless Mind

Favorite actor/actress: James Franco

Favorite TV show: Breaking Bad

Favorite book/last book read: A walk in the woods

Favorite music genre/artist: Dr. Dog

Favorite sport: Ice hockey

What I do in my spare time/hobbies: Party, go to the beach, tennis

My hero: James Franco

Dream vacation: Italy

Dream car: Saleen S7

Goals for the future: Be a history professor

What I like most about the 108th: My co-workers and the comradery

If I was CC for a day: I'd have a pizza party



U.S. Air National Guard photo by Staff Sgt. Jacquelyn E. Vasvari-Toke/Released

PAO AND EEO OFFICER OPENINGS

The 108th Wing has vacancies for a Public Affairs Officer and an Equal Employment Opportunity Officer.

Applicants for the Public Affairs Officer position must have a degree in one of the following academic fields: Communications, journalism, public relations, visual information, broadcasting, advertising, business/marketing, management, political science, foreign affairs, or one of the following behavioral or social sciences – international relations, sociology, psychology or social psychology.

Graduate academics degrees in the above disciplines will also be considered.

In addition, applicants for the Public Affairs Officer must meet the following requirements:

(1) Must have a valid state driver's license to operate government motor vehicles in accordance with AFI 24-301, Vehicle Operations; (2) No record of disciplinary action (Letter of Reprimand or Article 15) for failure to exercise sound leadership principles, especially with respect to morale or welfare of subordinates or engaging in unprofessional or inappropriate relationships as defined in AFI 36-2909, Professional and Unprofessional Relationships, or documented failures, or taking or failing to take action in situations, thereby exhibit-

ing a lack of integrity, or a violation of Article 107 of the Uniform Code of Military Justice, false official statements; (3) No convictions by a general, special or summary courts-martial; (4) No unfavorable information file; (5) Never been convicted by a civilian court of a Category 1, 2, or 3 offense, nor exceeded the accepted number of Category 4 offenses. Category 3 and 4 traffic offenses alone are not disqualifying. NOTE: Categories of offenses are described and listed in AFI 36-2002, Regular Air Force and Special Category Accessions; (6) No recorded evidence of substance abuse, emotional instability, personality disorder, or other unresolved matters.

Interested individuals in either position should prepare a detailed resume of military and civilian experience; certified college transcripts, copy of the Air Force Officer Qualifying Test results; AF personal data printout from vMPF; a letter of recommendation from your unit commander, or employer if non-prior service; and a current AF physical test scores (military members only).

Submit the application and all supporting documents no later than close of business Sept. 14, 2014 to: 108th Wing, 33-27 Charles Blvd, JB-MDL, NJ 08641-5406, Attention: Master Sgt. Rose Quinquino.



“Are you excited about the upcoming football season and what team do you root for?”



Not for this upcoming season as I don't watch pro-football. But I am an Eagles fan because most people I know root for them.
Airman 1st Class Nicole Marcus, 108th Student Flight



I am not a sports fan but by default I am an Eagles fan because of my father and brother.
Airman 1st Class Yvette Chevere, 108th Student Flight



I am not excited. I play soccer. If I had to root for a team, it would be the Giants.
Lt. Col. Michelle Dunkley, 514th Aeromedical Staging Squadron



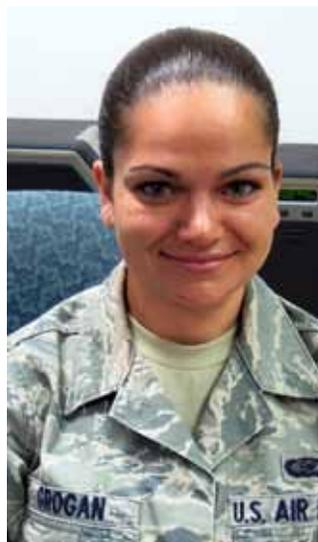
Yes I am excited because it's not as boring as baseball. No favorite team but I do watch the Giants games because I live locally.
Tech. Sgt. Darin Dickerson, 108th Contingency Response Group



Yes, the Jets have Michael Vick. Plus I can't wait to see RG3 and DeShawn Jackson do great in Washington. Jets are Super Bowl bound.
Staff Sgt. Anthony Thomas, 108th Contingency Response Group



I have no interest in football. I don't like the sport, it bores me.
Airman 1st Class Jiselle Rodriguez, 108th Flight Support Squadron



Yes, I am excited. I am a Giants fan because I grew up in this area (Jackson).
Staff Sgt. Katie Grogan, 108th Flight Support Squadron



Yes, I root for the Chicago Bears. Going in September to see Monday Night Football between Bears and Jets.
Staff Sgt. Ryan Bond, 108th Civil Engineer Squadron